

Date: Mar 18, 2025

To: ALL STUDENTS

From: The Director of the Health Care Service Center

Regarding: The Annual Student Health Examination 2025

In accordance with School Health and Safety Act, we will be conducting routine health examinations for all students as detailed below. Be sure to undergo this medical evaluation to assist with the detection of serious infectious diseases, such as tuberculosis at an early stage and to gain an objective awareness of your current condition.

1. Health Exam Schedule

The exam will be conducted during the four days of April 8 (Tue.), 9 (Wed.), 10 (Thu.), and 11 (Fri.), 2025. See the schedule listing designated health exam dates and times for each gender/academic year.

To avoid congestion, we urge you to have your health exam on your designated date and time. If you are unable to come on the designated day and time, please be sure to contact the Health Service Center (075-724-7173) before the health exam.

2. Where do I go?

The health exam will take place on the 60th Anniversary Hall (East Campus), the gymnasium, and in a mobile x-ray bus.

3. What should I bring?

- ☐ Student ID      ☐ Urine Test Container      ☐ Mask      ☐ Slippers  
☐ Thin plain t-shirt (for the x-ray)      ☐ Glasses or contact lenses (if you use them)

4. Before the day of your health exam, be sure to pick up a urine test sample kit.

These are available from April 2 at the Health Service Center entrance (Weekdays 9:00-17:00) and at the 1st floor of Building 3, in front of the Student Support and Community Outreach Office (Weekdays 8:00-20:00).

5. What examinations are involved? What do I need to know?

• Vision test:

Glasses or contact lenses are required if you use them.

• Measurement:

Your height and weight will be taken, blood pressure checked and you will see a doctor.

• Urinalysis:

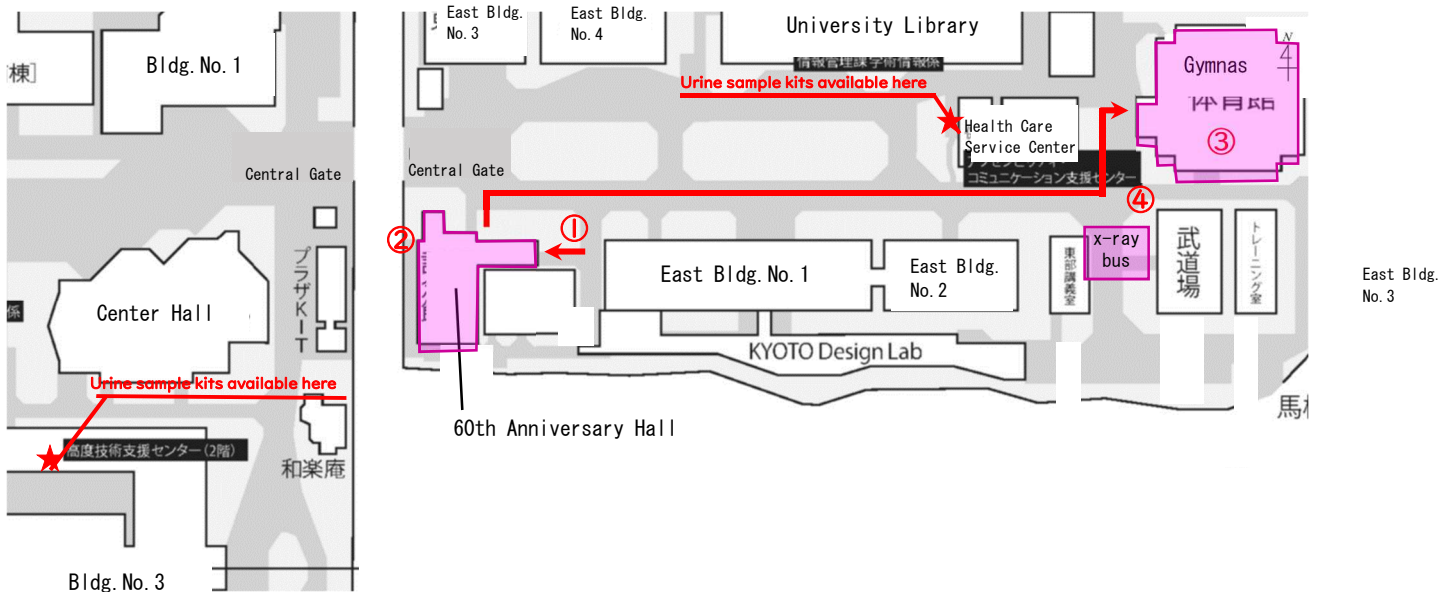
Collect urine on the morning of the day of the examination. If you are on your period (menstruating), do not collect urine but do not collect urine but inform the staff.

• Chest x-ray:

For the x-ray, do not wear underwear with embroidery or prints, wired/unwired bras, bra tops, or shirts with cups. We advise you to wear or bring a plain thin t-shirt.

## 6. Health Check Procedure

- ① Show your student ID card and receive a medical questionnaire. Fill out the medical questionnaire on the 1st floor of the 60<sup>th</sup> Anniversary Hall.
  - ② Go to the gymnasium, from the north exit of the 60<sup>th</sup> Anniversary Hall, to be measured and weighed. Submit your urine sample in the container you brought with you (if you are menstruating, inform the staff). See the doctor for a checkup.
  - ③ Go to the mobile x-ray bus and have an x-ray taken.
- \* When you line up for your health check, follow directions and stop at the lines indicating where you should stand. If needed, entry may be controlled to prevent crowding.
  - \* Anyone leaving the health exam before completing all the check-ups should return their medical form to the staff on the gymnasium. (If you take the form home, all of your previous health check-up data will be deleted.)



## 7. Follow-up Examinations

If you are requested to have another urine test or chest X-ray, the Health Service Center will contact you at a later date. If your situation is urgent, the Health Service Center may contact you by phone.

## 8. Also Be Aware That

- ① The "Certificate of Health" issued following this exam is required for job-hunting activities, scholarship applications, care-giving experience for teacher training and official athletic competitions. The certificate will not be issued until you have undergone all the check-ups in this health examination. If you are required to have a follow-up examination, it must also be completed before your certificate will be issued.
- ② We will begin issuing health certificates in Late June. If you need a health certificate before that time, go to a medical institution to have a health checkup and receive a certificate. (Students who have the health examination at an off-campus facility must cover the required costs themselves.)
- ③ If you are unable to come on the designated day and time, please be sure to contact the Health Service Center before the Health Examination. We can guide you to facilities where you can receive free medical examinations during the month of April. (There are limited spots available, so reservations will be made on a first-come, first-served basis.)

Inquiries: Health Care Service Center  
Tel: 075-724-7173

# Health Exam Schedule

Academic year		Apr 8 (Thu)				Apr 9 (Wed)				Apr 10 (Thu)				Apr 11 (Fri)			
		8:50 ~ 10:20	10:20 ~ 11:30	11:30 ~ 13:00	13:00 ~ 14:30	8:50 ~ 10:20	10:20 ~ 11:30	11:30 ~ 13:00	13:00 ~ 14:30	8:50 ~ 10:20	10:20 ~ 11:30	11:30 ~ 13:00	13:00 ~ 14:30	8:50 ~ 10:20	10:20 ~ 11:30	11:30 ~ 13:00	13:00 ~ 14:30
		1	2	3	4	1	2	3	4	1	2	3	4	1	2	3	4
		Men				Women											
Undergraduates	1st																
	2nd				Men												
	3rd													Men			
	4th and over					Women						Men					
Master's								Women		Men							
Doctoral Non-degree students						Women										Men	

※Have your health exam on your designated date and time.  
 ※Come to the reception desk with ample time to spare.