

Date: September, 2025

To: Students

From: The Director of the Health Care Service Center

Regarding: The Student Health Examination in autumn 2025

In accordance with School Health and Safety Act, we will be conducting the autumn health examination detailed below for new students enrolling in autumn 2025 and students who, for unavoidable reasons, were unable to have this spring health examination. Be sure to undergo this medical evaluation to assist with the detection of serious infectious diseases, such as tuberculosis at an early stage and to gain an objective awareness of your current condition.

1. Health Exam Schedule

Date	Time	Gender
Wednesday, October 29th	9:30~11:30 (Reception by 11:00)	Male
	12:30~14:30 (Reception by 14:00)	Female
	14:30~15:30 (Reception by 15:00)	Male

If you are unable to come on the designated day and time, please be sure to contact the Health Service Center (075-724-7173) before the health exam.

2. Where do I go?

The health exam will take place on the 60th Anniversary Hall (East Campus).

3. What should I bring?

Student ID     Urine Test Container     Mask     Thin plain t-shirt (women only)  
 Glasses or contact lenses (if you use them)

4. Before the day of your health exam, be sure to pick up a urine test sample kit.

These are available at the Health Service Center.

5. What examinations are involved? What do I need to know?

- Vision test: Glasses or contact lenses are required if you use them.
- Measurement: Your height and weight will be taken, blood pressure checked and you will see a doctor.
- Urinalysis: Collect urine on the morning of the day of the examination. If you are on your period (menstruating), do not collect urine.
- Chest x-ray: Do not wear underwear with embroidery or prints, wired/unwired bras, bra tops, or shirts with cups. For women, wear or bring a plain thin t-shirt.

6. Also Be Aware That

- If you are requested to have another urine test or chest X-ray, the Health Service Center will contact you at a later date. If your situation is urgent, the Health Service Center may contact you by phone.
- The "Certificate of Health" issued following this exam is required for job-hunting activities, scholarship applications, care-giving experience for teacher training and official athletic competitions. The certificate will not be issued until you have undergone all the check-ups in this health examination. If you are required to have a follow-up examination, it must also be completed before your certificate will be issued.
- We will begin issuing health certificates for the 2025 fiscal year, in December. If you need a health certificate before that time, go to a medical institution to have a health checkup and receive a certificate. (Students who have the health examination at an off-campus facility must cover the required costs themselves.)

Inquiries: Health Care Service Center  
Tel: 075-724-7173